

## WEDNESDAY, JUNE 1, 2022

### PRE-CONFERENCE WORKSHOP

**There is a fracture, I need to fix it!**  
Zaal 532/533

With the growing shortage of nursing staff, there is an increasing need to take on tasks as a doctor. Acute care is a team effort and plastering (gipsen) takes time and hands. Unfortunately, the knowledge and skills of plastering of most doctors is insufficient. That's why we organize a hands-on pre-course under the guidance of experienced plaster masters, in which we teach participants the basics on how an arm and leg can be casted in the emergency room! The day will consist of some theory, but mainly we teach you the skills on different types of plaster for different types of fractures! The day will end with a small quiz/competition.

Wear wide pants and shirts, and clothes that can become dirty (like sport clothes).

**Time** 10:30 – 17:00 h  
**Faculty** Bart Candel  
Wouter Raven  
Eric Bruns|Alexander van der Lerq  
Ron Groenewegen  
Michel van der Geest  
**Costs** € 175,-

**Block your Patient like Shaq blocked in the NBA**  
Zaal 558/559

Pocus Blocks and the famous DSG (Dutch SonoGames)

This year the ultrasound section invites you to a series of different ultrasound guided nerve blocks. Our (inter-) national faculty members

will show you the ins and outs regarding basic and advanced block skills to improve your patient care in the ED.

Every great precourse needs a great ending so we will finish with another edition of the DSG (Dutch SonoGames).

Some knowledge regarding ultrasound guided nerve blocks is recommended. Otherwise feel free to attend the ultrasound blocks workshop on Friday where we will introduce you to the basics of ultrasound guided nerve blocks.

**Time** 9:00 – 17:00 h  
**Faculty** Section ultrasound NVSHA  
**Costs** € 300,-

**Mastering your resilience**  
Zaal 409

This interactive workshop will give you a practical toolkit to systematically build your resilience, regain your energy and sustain your well-being during your irregular shift work. The work of an emergency physician is challenging and unpredictable. It takes a lot of flexibility and commitment. During this workshop, you'll learn how to manage your stress and sustain your performance under pressure; You'll learn how to prioritize your psychological recovery and regain your energy and sense of balance, and you'll learn how to use cognitive reframing techniques to improve your responses to challenging situations. After this workshop, you know how to use mindfulness to regulate your emotions and improve your emotional well-being. You'll learn how to improve your sleep, take care of

your brain and improve your adaptability. Phil will help you discover a toolkit of skills and strategies designed specifically for physicians – practical techniques, based on insights from neuroscience and psychological research.

#### Outcomes

- Improved resilience – Improved sleep – Reduced stress
- Improved energy, recovery and well-being
- Enhanced emotional regulation, adaptability and performance under pressure

**Time** 9:30 – 16:30 h  
**Faculty** Phil Dobson  
**Costs** € 200,-

**Hot stuff**  
Zaal 535

Would you like to take a deep dive into your hot toxicology knowledge? Then come along and prepare yourself for an interesting journey through different scenarios' and table tops. Reasoning from a symptom to the differential diagnosis of your very hot toxicology patient. We will challenge your brain, so try to keep your head cool.

After this pre-course, you will feel confident when you treat your next hot toxicology patient in your emergency department.

**Time** 13:00 – 17:00 h  
**Faculty** Section toxicology NVSHA: Femke Gresnigt, Jasper Hofkens, Fabian Lucassen, Sophie Litjens, Maro Sandel and Laurens Schols  
**Costs** € 150,-

**Emergency Department Design and Planning**  
Zaal 530/531

In 2012 the International Federation for Emergency Medicine (IFEM) terminology project defined an emergency department (ED) as: The area of a medical facility devoted to the provision of an organized system of emergency medical care that is staffed by Emergency Medicine Specialist Physicians and/or Emergency Physicians (EPs) and has the basis resources to resuscitate, diagnose and treat patients with medical emergencies. The ED is an unique location at which patients are guaranteed access to emergency care 24 hours a day, 7 days a week. It is able to deal with all types of medical emergencies (illness, injury and mental health) in all age groups.

EDs which are available and accessible 24/7 play a leading role in the delivery of hospital based acute care, including emergency care, to the population. Available resources and layout largely determine the abilities of such an acute medical service. Internationally design guidelines and standards from government agencies and EM professional organizations based on expert groups are available. No such standard or guideline exists for EDs in the Netherlands. We need to catch up here. During this mainly

interactive precourse, the various aspects of ED design and planning from idea to realization are highlighted and discussed.

**Time** 8:30 – 17:00 h  
**Faculty** Menno Gaakeer  
Jeroen Veth, Ziekenhuisarchitect  
Erik Wackers, Danielle Bussmann-  
Willemse, Michiel Tebbes, Harry  
Achterberg  
**Costs** € 175,-

**Public speaking**  
Zaal 408

Wouldn't it be great if all attendees of your presentation would leave the room inspired and enlightened? And even after a month, they would still think about it?

That would be great indeed but unfortunately it's not always the case. The audience is bombarded with endless slides or the person giving the presentation is unaware of his full potential or afraid to show himself. In this precourse you will learn what instruments you can apply to have maximum impact on your audience. You will learn how to play with levels of intensity, how to build up your story from beginning to end while keeping the attention level high and you will learn how to switch between reaching your attendees head and heart.

Impactful presentations are key to share information more effectively and have more fun at the same time.

**Time** 9:30 – 16:30 h  
**Faculty** Paul Bierman  
**Costs** € 175,-

**Zero Tolerance**  
Zaal 410

Aggression incidents, frustrated patients. Yelling and shouting. Physical danger. Intimidation and threatening.

All of these do not come with a safe environment in the ED; neither not for ED caregivers or your patients. Recently these events have increased. We would like to make you aware that it's needed to set firm boundaries. Do not accept these incidents as normal working conditions. We teach you how to set boundaries and to cultivate a zero tolerance policy. We also train you how to exactly deal with these situations as they evolve while you're working. Our training is based on scenarios of day to day working conditions in the ED. Get yourself ready for these situations and prepare yourself and your staff for a zero tolerance policy in your ED.

**Time** 9:00 – 17:00 h  
**Faculty** Anne-Marie de Vries  
Caroline Koetsenruijter  
**Costs** € 175,-

## THURSDAY, JUNE 2, 2022

07.00 Beach bootcamp (registration required)  
08.00 Registration

### ZUIDERDUINZAAL

#### Opening

Moderator: Marly Bos

08.30 Openingsceremony and speech David Baden  
08.50 De Paradijselijke Diagnose Hans Aarsman and Obbe Tiddens  
09.20 Top EM literature of 2021/2022 Maartje Melse and Luuk Wansink  
09.45 CUSP teaser movie Collaborative UltraSound Project  
09.50 Sponsorship pitches

#### 10.00 Coffee break & visit exhibits

#### 10.30 STAYING ALIVE

Moderator: Elke Hobbelink

10.30 The Aorta will \$@#% you up David Carr  
11.00 Life or Death for the periarrest POCUS: a pro/con debate Maite Huis in 't Veld and Sean Scott  
11.40 A day in the life of a flying doctor Paul van Overbeeke

#### 12.00 Lunch & visit exhibits

#### 13.00 BRAIN TRAINING

Moderator: Noortje Dorscheidt

13.00 How to master your nervous system Phil Dobson  
13.20 Neuroendocrine emergencies Jarom Heijmans  
13.40 Neurotrauma in the ED – Trends & Standards for 2022 Markus Klimek

#### 14.00 DEFG: DON'T EVER FORGET THE GREEN DEAL

Moderator: Fabienne Roossien

14.00 Het ABC van de Groene SEH Jeroen van Roosmalen  
14.20 Sustainable Drugs Nicole Hunfeld  
14.40 Environmental healing Maria Kojick  
14.55 Signing the Green Deal

#### 15.00 Coffee break & visit exhibits

#### 15.30 PLENAIR

Moderator: Marly Bos

15.30 3 best abstracts Harry Glotzbach  
16.10 CUSP show Collaborative UltraSound Project  
16.40 Announcement winner abstracts Harry Glotzbach  
16.45 ICEM 2023 Launching Grietje Jelsma  
16.50 Closing of the first day Harry Glotzbach  
17.00 End of program  
17.15 General assembly and announcement winner NVSHA award  
18.30 BBQ & Beachparty

### ABDIJZAAL

#### EGMOND GOT TALENT: ABSTRACTS

Moderator: Harry Glotzbach

10.30 Abstracts  
12.00 Abstracts

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10.30 Abstracts  
12.00 Abstracts

#### EGMOND GOT TALENT: ABSTRACTS

Moderator: Harry Glotzbach

13.00 Abstracts  
14.00 Abstracts

#### DIVERSITY TRACK – GENDER EDITION

Moderator: Maite Huis in 't Veld

14.00 "Zij hij die hen nij", zei hij. Eerste Maite Huis in 't Veld  
14.20 The Medics Maite Huis in 't Veld  
14.40 Transgender Panel Sybell Iwema

### ZAAL 525

#### LESSONS FROM MEDICAL DISCIPLINARY LAW

Moderator: Anna Ooms

14.00 Van claim naar Marlies Morsink  
15.00 tuchtrecht and Peter Plantinga

## SPEAKERS

**Hans Aarsman**,  
Photographer,  
Novelist, Film editor,  
Curator and Journalist,  
The Netherlands  
**Anouk Besnard**, MD  
Emergency Medicine  
Resident,  
Dijklander  
Hospital, Hoom,  
The Netherlands  
**Paul Bierman**  
Public Speaking  
Coach, Entertrainer,  
Amsterdam,  
The Netherlands

**Yvonne Admiraal - van de Pas**, MD  
Emergency Physician,  
Maxima Medical  
Centre, Veldhoven,  
The Netherlands  
**Jelmer Almsa**, MD  
Internist Acute  
Medicine,  
Erasmus Medical  
Centre, Rotterdam,  
The Netherlands

**David Carr**, MD  
Emergency Physician  
and Clinical  
Investigator, University  
Health Network and  
Mackenzie Health  
Hospital, Toronto,  
Canada  
**Marloes Clement**, MD  
Emergency Physician,  
Maxima Medical  
Centre, Veldhoven,  
The Netherlands

**Phil Dobson**,  
Founder,  
BrainWorkshops,  
London, United  
Kingdom  
**Philip Frankenmolen**,  
MD  
Emergency Medicine  
Resident, OLVG,  
Amsterdam,  
The Netherlands

**David Baden**, MD  
Emergency  
Physician, Chairman  
NVSHA/DSEP,  
Diakonessenhuis,  
Utrecht,  
The Netherlands  
**Eric Bruns**,  
Field Sales Manager,  
Casting&Bandaging,  
Health and Medical  
Solutions, Zeist,  
The Netherlands

**Bianca van den Berg**  
Nurse Practitioner  
Emergency  
Department, Leiden  
University Medical  
Center, Leiden,  
The Netherlands  
**Daniëlle Bussmann-  
Willemse**, MD  
Emergency Physician,  
Zuyderland Medical  
Centre, Heerlen,  
The Netherlands

**Donna van den  
Berselaar**, MD  
Emergency Physician,

**Bart Candel**, MD  
Emergency  
Medicine Resident,  
Maxima Medical  
Centre, Veldhoven,  
The Netherlands  
**David Carr**, MD  
Emergency Physician  
and Clinical  
Investigator, University  
Health Network and  
Mackenzie Health  
Hospital, Toronto,  
Canada  
**Marloes Clement**, MD  
Emergency Physician,  
Maxima Medical  
Centre, Veldhoven,  
The Netherlands

**Michel van der Geest**  
Physician assistant  
ED, Leiden University  
Medical Center, Leiden,  
The Netherlands  
**Michiel Gorzeman**, MD  
Emergency Physician,  
OLVG, Amsterdam,  
The Netherlands

**Femke Gresnigt**, MD  
Emergency Physician,  
OLVG, Amsterdam,  
The Netherlands  
**Ron Groenewegen**  
Emergency technician,  
Leiden University  
Medical Center, Leiden,  
The Netherlands

**Ronald de Groot**, MD  
Founder,  
Toxicologist (ERT)  
& Health Physicist,  
National Poisons  
Information Center/  
UMC Utrecht,  
The Netherlands

**Jarom Heijmans**, MD  
Hematologist and  
Internist Acute  
Medicine,  
Amsterdam UMC,  
Amsterdam,  
The Netherlands

**Jasper Hofkens**, MD  
Emergency Physician,  
Maxima Medical  
Center, Veldhoven,  
The Netherlands

## SPEAKERS

<b>Maite Huis in 't Veld</b> , MD Emergency Physician, <i>Jeroen Bosch Hospital, Den Bosch, The Netherlands</i>	<b>Maria Kojick</b> Spatial Artist, <i>Groningen, The Netherlands</i>	<b>Diane Peijs</b> , MD Emergency Physician, <i>Canisius-Wilhelmina Hospital, Nijmegen, The Netherlands</i>	<b>Laurens Schols</b> , MD Emergency Medicine Resident, <i>Erasmus Medical Centre, Rotterdam, The Netherlands</i>	<b>Peter Veldhuis</b> , MD Emergency Medicine Resident, <i>OLVG, Amsterdam, The Netherlands</i>
<b>Nicole Hunfeld</b> , MD Vice president KNMP/ Hospital Pharmacist, <i>Erasmus Medical Centre, Rotterdam, The Netherlands</i>	<b>Eric de Kruijf</b> , MD Emergency Physician, <i>Flevo Hospital, Almere, The Netherlands</i>	<b>Peter Plantinga</b> , MD Emergency Physician, <i>Rijnstate Hospital, Arnhem, The Netherlands</i>	<b>Janneke Schuitemaker</b> , MD Nurse Practitioner, <i>OLVG, Amsterdam, The Netherlands</i>	<b>Jeroen Veth</b> Senior Architect, <i>Gortemaker Algra Feenstra @ Dutch Health Architects, Rotterdam, The Netherlands</i>
<b>Bart Huybrechts</b> , MD Nurse Practitioner <i>Emergency Department, OLVG, Amsterdam, The Netherlands</i>	<b>Alexander van der Lerq</b> , MD Physician assistant ED, <i>Leiden University Medical Center, Leiden, The Netherlands</i>	<b>Chiara Puletti</b> , MD Emergency Physician, <i>Amsterdam UMC, The Netherlands</i>	<b>Sean Scott</b> , MD Intensivist & Emergency Physician, <i>OLVG, Amsterdam, The Netherlands</i>	<b>Anne-Marie de Vries van Dijen</b> , MD Emergency Physician, <i>Mediator MfN (certified dispute resolution), Locum ED doctor</i>
<b>Sybell Iwema</b> , MD Radiology Resident, <i>ZGT, Almelo, The Netherlands</i>	<b>Sophie Litjens</b> , MD Emergency Physician, <i>Spaarne Hospital, Haarlem, The Netherlands</i>	<b>Wouter Raven</b> , MD Emergency Physician, <i>Leiden University Medical Center, Leiden, The Netherlands</i>	<b>Pol Stuart</b> , MD Emergency Physician, <i>Franciscus Gasthuis @ Vlietland, Rotterdam, The Netherlands</i>	<b>Erik Wackers</b> , MD PhD candidate, <i>IQ Healthcare Radboudumc, Nijmegen, The Netherlands</i>
<b>Adinda Klijn</b> , MD Emergency Physician, <i>St. Antonius Hospital, Nieuwegein, The Netherlands</i>	<b>Fabian Lucassen</b> , MD Emergency Medicine Resident, <i>Isala, Zwolle, The Netherlands</i>	<b>Jasper Rebel</b> , MD Emergency Physician, <i>OLVG, Amsterdam, The Netherlands</i>	<b>Prem Sukul</b> , MD Emergency Physician, <i>Franciscus Gasthuis @ Vlietland, Rotterdam, The Netherlands</i>	<b>Luuk Wansink</b> , MD Emergency Physician, <i>Dijklander Hospital, Hoor, The Netherlands</i>
<b>Markus Klimek</b> , MD Vice-Chairman Dept of Anesthesiology, <i>Erasmus Medical Centre, Rotterdam, The Netherlands</i>	<b>Maartje Melse</b> , MD Emergency Physician, <i>Isala, Zwolle, The Netherlands</i>	<b>Vincent Rietveld</b> , MD Emergency Physician, <i>Dijklander Hospital, Hoor, The Netherlands</i>	<b>Michiel Tebbes</b> , MD Emergency Physician, <i>Slingeland Hospital, Doetinchem, The Netherlands</i>	<b>Michiel Winkler</b> , MD Emergency Medicine Resident, <i>Red Cross Hospital, Beverwijk, The Netherlands</i>
<b>Caroline Koetsenruijter</b> , Mediator MRN (certified dispute resolution), <i>Instituut KCB, Leiden, The Netherlands</i>	<b>Marlies Morsink</b> , MD Emergency Physician, <i>Radboudumc, Nijmegen, The Netherlands</i>	<b>Jeroen van Roosmalen</b> , MD Emergency Physician, <i>Red Cross Hospital, Beverwijk, The Netherlands</i>	<b>Obbe Tiddens</b> , MD Emergency Physician, <i>OLVG, Amsterdam, The Netherlands</i>	<b>Lieke van de Wouw</b> , MD Emergency Medicine Resident, <i>OLVG, Amsterdam, The Netherlands</i>
	<b>Paul van Overbeeke</b> , MD Emergency Physician, Freelancer, <i>The Netherlands</i>	<b>Maro Sandel</b> , MD Emergency Physician, <i>OLVG, Amsterdam, The Netherlands</i>		

## FRIDAY, JUNE 3, 2022

07.30	<b>Beach Bootcamp</b>	(registration required)
08.00	<b>Breakfast</b>	Breakfast in the restaurant
08.00	<b>Registration</b>	Foyer

### ZUIDERDUINZAAL

<b>Opening</b>	
<b>09.00 WAKING UP TO THE BEAT OF THE DRUMS</b>	
<i>Moderator: Marly Bos</i>	
09.00	<b>Pacemakers gone wild</b> Maite Huis in 't Veld
09.30	<b>STEMI-isch</b> David Carr

### 10.00 Coffee break & visit exhibits

### 10.30 FEELING HOT HOT HOT

<i>Moderator: Michiel Winkler</i>	
10.30	<b>Fired up</b> Michiel Winkler
10.50	<b>Exertional heat stroke</b> Jelmer Alsma
11.20	<b>Toxic hyperthermia</b> Marloes Clement and Jasper Hofkens

### 12.00 Lunch & visit exhibits

### 13.00 THE SHARED MENTAL MODEL: CRITICAL IN CRITICALLY ILL

<i>Moderator: Naomi Petersen</i>	
13.00-	<b>When to deviate from protocols in the critically ill and how a shared mental model can help you and your team. Focussing on RSI, NIV, intubation and refractory VT</b>
14.30	Paul van Overbeeke, Sean Scott, Maite Huis in 't Veld

### 14.40 PLENAIR

<i>Moderator: Marly Bos</i>	
14.40	<b>My philosophy of practice. 20 years of practice lessons learned in making decisions and optimizing flow</b>
15.10	<b>How to sustain high performance</b>

### CLOSING

15.35	<b>Closing ceremony</b>
15.45	<b>End of program</b>

### ABDIJZAAL

### QUALITY MATTERS

<i>Moderator: Kimm Henricks</i>	
10.30	<b>Highlights van de richtlijnen 2021</b> Adinda Klijn
10.50	<b>Resultaten indicatoren uitvraag 2021</b> Eric de Kruijf, Kimm Tieskens, Liselore van Westerop
11.20	<b>CORE Onderwijs</b> Jasper Rebel
11.30	<b>AIOS Enquête</b> Anouk Besnard and Nadine Bruineberg

### FRIEND OR FOE?

<i>Moderator: Michiel Gorzeman</i>	
13.00-	<b>De verpleegkundig specialist en acute internist nader beschouwd</b> Pol Stuart, Michiel Gorzeman, Bart Huybrechts, Bianca van den Berg

## WORKSHOPS

### THURSDAY, JUNE 2, 2022

#### De Paradijselijke Diagnose Zaal 531

Patients are like crime scenes. Who done it, what happened, who is the killer? As emergency physicians we operate in the unknown. Our work starts when no one has the information yet.

Observation skills are our main tools. When patients come in, we need to assess within seconds while not getting trapped in the assumptions of another.

Do you spot that one fact that changes everything? Are you able to truly observe and not jump to conclusions?

Observation is an art form; good artists find the exceptional in the ordinary. Together we will analyse cold cases, change the way you look at art and our patients. We can't find what we don't see!

<b>Time</b>	10.30 – 12.00 h
<b>Faculty</b>	Obbe Tiddens Hans Aarsman

#### Is a chemically contaminated patient a risk for hospital personnel? Zaal 530

"A patient ingested a 'suicide powder', are we at risk of inhaling toxic gas from the patient's breath?" "We have a patient that vomited after ingestion of a pesticide product, should we use these 'big suits' while decontaminating?"

These are just some examples of enquiries the Dutch Poisons Information Centre (NVIC) receives from hospital personnel. Over the years, the NVIC notices an increased concern about secondary exposure when treating chemically contaminated patients. In some cases, disproportionate precautions were taken such as evacuation of the emergency department. In this interactive workshop the participants will work together in groups to assess the health risk for hospital personnel in order to find out in which circumstances and chemicals standart protection (gloves, gown) will suffice and in which cases more elaborate protection (air-purifying respirator) is necessary.

<b>Time</b>	10.30u – 12.00 13.00u – 14.30
<b>Faculty</b>	Femke Gresnigt Ronald de Groot

### FRIDAY, JUNE 3, 2022

#### Knowledge is power, get a grip on hand (& finger) injuries Zaal 530

Hand injuries, ranging from simple benign to complex high morbidity, are frequently seen in the ED. Unfortunately a significant part of these injuries are missed, due to a lack of knowledge and skills. Missed injuries of the hand potentially lead to serious and disabling consequences for patients. As emergency care providers, it is our mission to provide care with state-of-the-art knowledge and skills on hand and finger injuries. We offer a concise and integral workshop on hand & finger examination aimed at medical professionals as a refresher course or as an eye-opener.

*What does it bring?*

- A handy clear PowerPoint presentation as an addition to the NVSHA hand injury map

<b>Time</b>	10.30u – 12.00 13.00u – 14.30
<b>Faculty</b>	Femke Gresnigt Ronald de Groot

- Tips in Supervising Hand Injuries
- Learn about the many apparently benign hand emergencies that have serious morbidity, including the boxers knuckle, skier's thumb, fight bites and many more important hand emergencies.

<b>Time</b>	10.30 – 12.00 h 13.00 – 14.30 h
<b>Faculty</b>	Janneke Schuitemaker

#### The basics of blocks Zaal 558/559

The ultrasound section invites you to an interesting workshop regarding the basics in nerve blocks. The faculty will guide you through the basics of peripheral ultrasound guided nerve blocks.

<b>Time</b>	10.30 – 12.00 h
<b>Faculty</b>	Section Ultrasound NVSHA

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JUNE 1-3, 2022

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Organized by:

- Nederlandse Vereniging van Spoedeisende Hulp Artsen (NVSHA)
- Dutch Society of Emergency Physicians (DSEP)

www.dutch-emconference.nl

